

Y ACADEMY OF DANCE CLASS SCHEDULE

2021-2022

MON

Toning

AR | 4:30-5:15

Technique 4

S1 | 6:00-6:45

Ballet 3

S2 | 6:00-6:45

Technique 3

S1 | 6:45-7:30

Ballet 4

S2 | 6:45-7:30

Pre-Pointe

S1 | 7:30-8:00

Pointe

S2 | 7:30-8:15

Advanced Tap

S1 | 8:15-9:00

TUE

Technique 1

AR | 4:15-5:00

Ballet 1

S1 | 5:00-5:45

3-5 Year Olds

S2 | 5:00-5:45

7-11 YO Jazz/Hip Hop

S1 | 5:45-6:30

Technique 2

S2 | 5:45-6:30

Ballet 2

S2 | 6:30-7:15

WED

Hip Hop

S1 | 5:30-6:15

3-5 Year Olds

S2 | 6:15-7:00

THU

Mini Company

AR | 4:00-5:00

6-9 YO Combo

S1 | 4:00-5:00

Beginning Tap

S2 | 4:15-5:00

Beginning Style

S1 | 5:00-5:45

Intermediate Style

S2 | 5:00-5:45

Intermediate Tap

S2 | 6:30-7:15

Advanced Style

S2 | 6:30-7:15

DANCE PROGRAM CLASS DESCRIPTIONS

COMPANY

The competitive team, ages 7 & up. Dancers rehearse multiple hours per week, but will vary depending on the desired training tier. Dancers will compete at 3 competitions, perform at community events, and are highly involved in the spring show. July/August auditions are required for enrollment.

MINI COMPANY

For dancers ages 4–6 years old. Dancers will be required to attend class on Tuesday and Thursday from 4:00–5:00. This is meant as preparation and/or a trial year for dancers considering Company at age 7. Dancers will perform two dances at two dance competitions, the spring show, and other possible community performances. Enrollment closes to new students after the first session, unless director approval is granted.

HIP HOP

For dancers ages 5 & up. This class is meant for dancers wanting to work on hip hop techniques, tricks, and style. Dancers will perform two dances in the spring show.

3-5 Y/O COMBO

For dancers ages 3–5. Dancers will explore the beginnings of creative movement, ballet, tap, and basic technique while enjoying games and interacting with other dancers. Dancers will perform two dances in the spring show.

7-11 Y/O JAZZ/HIP HOP

For dancers ages 7–11. Dancers will focus primarily on jazz and hip hop techniques and styles. Great for dancers interested in high school dance team, etc. Dancers will perform two dances in the spring show.

TONING

For dancers of all ages. Weekly building of strength, cardio, and flexibility.

6-9 Y/O COMBO

For dancers ages 6–9 years old. Dancers will learn basic techniques and styles of jazz, ballet, hip hop, and tap. Dancers will perform two dances in the spring show.

TECHNIQUE 1

For beginner dancers, ages 6 & Up. Great for dancers wanting to experience basic technique to further advance in dance. Dancers will not perform in the spring show.

TECHNIQUE 2-4

For dancers with technical background. Director approval and recommendations required for enrollment.

BALLET 1

For beginner dancers, ages 6 & Up. Great for dancers wanting to experience basic ballet technique to further advance in dance technique. Dancers will perform one dance in the spring show.

BALLET 2-4

For dancers with ballet background. Director approval and recommendations required for enrollment. Dancers will perform one dance in the spring show.

PRE-POINTE

For dancers in upper level ballet classes, interested in taking pointe classes. Class is meant for expanding knowledge in basic pointe technique and strength training. Dancer must be enrolled in a ballet class and director approval is required. Dancers will not perform in spring show.

POINTE

For dancers in upper level ballet classes. Dancer must be enrolled in a ballet class and director/instructor approval is required. Dancers will perform one dance in the spring show.

BEGINNING TAP

For beginner dancers, ages 6 & Up. Great for dancers wanting to experience basic tap technique to further advance in tap technique. Dancers will perform one dance in the spring show.

INTERMEDIATE & ADVANCED TAP

For dancers with tap background. Director/instructor approval and recommendations required for enrollment. Dancers will perform one dance in the spring show.

BEGINNING STYLE

For beginner dancers, ages 6 & Up. Great for dancers wanting to experience the different styles of dance including but not limited to jazz, lyrical, hip hop, and musical theater. There will also be opportunities for exploring self choreography and improv. Dancers will not perform in the spring show.

INTERMEDIATE & ADVANCED STYLE

For dancers ages 6&up with dance background. Dancers will explore many styles of dance including but not limited to lyrical, contemporary, jazz, hip hop, and musical theater. Self choreography and improv will also be incorporated into the classes. Director/instructor approval and recommendations required for enrollment. Dancers will not perform in the spring show